

Hearing Voices Group

Hearing voices group is open to those who identify as, or those who are supporting, voice hearers.

In this peer facilitated group we talk frankly and non-judgmentally with one another about the experience of hearing voices.

Together we share ideas, solutions, and goals. We are proud to be part of a network that stretches across 20 countries.

Join us in offering support to each other. Our group is open on a drop-in basis.

Thursday
2:00 -3:00 pm

The Wellness Studio
2647 Milwaukee Street
Madison, WI 53704



Call 237-1661 or info@soarcms.org if you have any questions



Mary Bixby is a peer specialist at Recovery Dane. She brings to her work more than a decade of lived experience with dealing with schizoaffective (bipolar type) disorder. She has found resources to on her pathway to recovery including one-on-one counseling, attending a clubhouse, group therapy, dance, movement and educational and work goals.

Mary has a BA in Comparative Literature and has completed her licensure to be a massage therapist in WI. She lives in Madison with her cat.