

Hearing Voices Group

Hearing voices group is open to those who identify as, or those who are supporting, voice hearers.

In this peer facilitated group we talk frankly and non-judgmentally with one another about the experience of hearing voices.

Together we share ideas, solutions, and goals. We are proud to be part of a network that stretches across 20 countries.



Join us in offering support to each other. Our group is open on a drop-in basis.

Thursday
2:00 -3:00 pm

The Wellness Studio
2647 Milwaukee Street
Madison, WI 53704

Call 237-1661 or info@soarcms.org if you have any questions



Cheri Linehan is the Coordinator of Recovery Dane. She has been a certified peer specialist since 2007. She brings with her life lived experience of schizophrenia, depression, anxiety and an eating disorder. Some of the tools that Cheri has found helpful in her recovery journey include meditation, Reiki, yoga movement, intuitive talk therapy, and intentional acceptance practice.

Cheri is a Reiki Master in both Usui and Karuna practices. She lives in Madison WI



Mary Bixby is a peer specialist at Recovery Dane. She brings to her work more than a decade of lived experience with dealing with schizoaffective (bipolar type) disorder. She has found resources to on her pathway to recovery including one-on-one counseling, attending a clubhouse, group therapy, dance, movement and educational and work goals.

Mary has a BA in Comparative Literature and has completed her licensure to be a massage therapist in WI. She lives in Madison with her cat.